

40 DAYS OF PRAYER & FASTING PRAYER GUIDE 3RD WEEK Overcoming limitations

ADDAYS OF WITH PASTOR MENSA OTABIL

23 JUNE - 1 AUGUST

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The global pandemic has left many displaced in its wake. However, through divine providence, 40 Days of Power has come off unabated for the last two years. Prayer services went online affording ICGC churches and Christians all over the world the opportunity to fast and pray corporately with a united focus.

God's presence with us on this annual journey is further evidenced by the testimonies shared by people from all walks of life. Salvation, healing, deliverance and transformation are among the many manifestations of God's grace, mercy and power touching men, women and children.

40 Days of Power comes off from Thursday, 23rd June 2022 to Monday 1st August 2022. ICGC churches and Christians all over the globe will consecrate this 40-day period to the Lord to fast and pray for spiritual renewal and strength. We will pray on personal, family, church, national and global themes.

There will be online prayers every weekday from 5am to 1pm. This year, we return to having in-person evening services. From 6pm to 8pm, you can visit any ICGC assembly close to you and participate in the service being held there. A new introduction to this year's 40 Days of Power is the Late Night Prayer sessions to be organized every weekday night from 10pm to 11pm. This



is to be carried online and it is going to be a time of intense intercession that brings each weekday's corporate prayers to a close. There will also be prayer services every Saturday morning to consolidate the week's prayer sessions.

This prayer guide has been thoughtfully put together help us pray effectively and expansively on different areas of need. There are weekly themes and daily sub-themes with scriptures to anchor our prayers. There are also scriptures for morning and evening reflections. The prayer segments are divided into consecration, guidance, protection, global missions, work and career and increase. There are also declarations with which to cap the prayers prayed in each segment. We believe that this guide will enrich your fasting and prayer experience.

As we fast, let us be mindful to do so wisely and healthily for physical and spiritual benefits. Included are some helpful tips on effective fasting that you will find helpful.

This is the year of Increase for the International Central Gospel Church. It is my prayer that as you use this guide and actively participate in 40 Days of Power, you will experience increase in every area of your life.

May the Lord hear your prayers and answer them speedily!

Shalom!

HELPFUL HINTS FOR FASTING

The practice of regular fasting is a normal Christian behaviour taught by Jesus. In **Matthew 6:16–18**, Jesus provided guidelines for fasting. Fasting was also practiced by the early church as evidenced in **Acts 13:2**. It has been the regular discipline of believers throughout church history.

Fasting has physical as well as spiritual benefits. It must be embarked on with spiritual commitment and wisdom. Everything should be done to the glory of God.

Do's Of Fasting

- 1. Prepare your body for the fast; cut back on food portions and eat smaller meals a few days prior to the fast.
- 2. Prevent constipation during and after the fast by eating fresh fruit and raw vegetables, fruit or vegetable juices, oatmeal, etc.
- 3. Drink lots of water when fasting.
- 4. Seek medical advice before the fast if you have any existing health conditions.
- 5. You can fast in many different ways. For example, a Daniel fast is one in which you consume only vegetables and water throughout. Pray and ask God what He will give you faith for the duration of the fast.
- 6. Have a clear target as your prayer focus. Without a vision or clear goal, the people perish. Write down your vision for the fast so you can run with it **(Habakkuk 2:2)**.
- 7. Take time to pray and read the word. This may seem obvious, but busyness and distractions can keep you from daily devotions. Expect to hear God's voice in the word, dreams, visions, and revelations. Daniel prepared himself to receive revelation through fasting **(Daniel 10:1–2)**.
- 8. Break your fast gradually. At this point you will need to exercise watchful selfcontrol. Break your fast on a meal that is light and easy to digest (i.e., broth, a shredded apple, watermelon, or steamed vegetables).
- 9. Prepare for opposition. Satan tempted Jesus on the fast, and we must expect the same. Discouragement may come but take your stand on the victory of Christ.

Don'ts Of Fasting

- 1. Avoid high-fat and sugary foods before the fast.
- 2. Abstain from strong stimulants such as caffeinated and sugary drinks during a fast, including the artificial sweeteners found in diet drinks.
- 3. It is important after a fast to control your cravings and avoid overeating and nullifying the gains made during the fast.

I am excited that you are joining me on this fast. Commit to staying the course and fasting from the beginning to the end. I believe that God's glory will envelope our nation in a supernatural way as we wait upon the Lord.



WEEK 3 OVERCOMING LIMITATIONS

I CANNOT SPEAK

Then said I: "Ah, Lord God! Behold, I cannot speak, for I am a youth." But the Lord said to me: "Do not say, 'I am a youth,' For you shall go to all to whom I send you, And whatever I command you, you shall speak. (Jeremiah 1:6-7)



Morning Reflection (5am - 9am) Ieremiah 1:1-12

DAY 12 - JULY 4

The words of Jeremiah the son of Hilkiah, of the priests who were in Anathoth in the land of Benjamin, to whom the word of the Lord came in the days of Josiah the son of Amon, king of Judah, in the thirteenth year of his reign. It came also in the days of Jehoiakim the son of Josiah, king of Judah, until the end of the eleventh year of Zedekiah the son of Josiah, king of Judah, until the carrying away of Jerusalem captive in the fifth month. Then the word of the Lord came to me, saying: "Before I formed you in the womb I knew you; Before you were born I sanctified you; I ordained you a prophet to the nations." Then said I: "Ah, Lord God! Behold, I cannot speak, for I am a youth." But the Lord said to me: "Do not say, 'I am a youth,' For you shall go to all to whom I send you, And whatever I command you, you shall speak. Do not be afraid of their faces, For I am with you to deliver you," says the Lord. Then the Lord put forth His hand and touched my mouth, and the Lord said to me: "Behold, I have put My words in your mouth. See, I have this day set you over the nations and over the kingdoms, To root out and to pull down, To destroy and to throw down, To build and to plant." Moreover the word of the Lord came to me, saying, "Jeremiah, what do you see?" And I said, "I see a branch of an almond tree." Then the Lord said to me, "You have seen well, for I am ready to perform My word."

Consecration

- 1. Thank the Lord for His grace and favour He has made available to you to overcome any limitation you face in life.
- 2. Ask the Lord to sanctify you and set you apart for His Holy use in this season of consecration.
- 3. Commit your ways to the Lord and ask for the anointing to walk in purity of heart before Him.
- 4. Pray for the Lord's grace and wisdom to walk in His divine will for your life.

Guidance

- 5. Commit your plans and intentions to the Lord and ask Him to make all things work together for your good.
- 6. Ask the Holy Spirit to direct your desires, thoughts and actions at every turning point in your life.
- 7. Ask the Lord to grant you confidence, boldness and faith as you embark on new projects and ventures.
- 8. Ask God to guide your steps out of the traps of sin and deception set by the enemy.
- 9. Boldly declare that, you have received the spirit of love, power and sound mind to overcome the spirit of fear.

- 10. Thank the Lord that His eyes move to and fro to show Himself strong on behalf of the righteous; thank Him that His eyes are on you.
- 11. Confess that the Lord is your fortress and deliverer from every tormenting situation that has troubled your peace and health.

- 12. Ask God to build a hedge of protection around you and your family and preserve your health against sickness and afflictions.
- 13. Pray to the Lord to arise and fight for you; declare that He will turn every demonic attack around for your victory and breakthrough.
- 14. By faith, pull down any hindrance to the manifestation of the will of God for your life in Jesus' name.

By faith, I proclaim that I am called to do the will of God. With boldness I affirm that I will fulfill my God-given assignment in this generation in Jesus' name. Because I have put my trust in the Lord, I am emboldened to share my faith and preach the gospel. By faith, I affirm that I walk in His will, I am aligned with His will, and I will fulfill His will for my life in Jesus' name. **Amen.**

Global Missions (9am - 1pm)

- a. Equatorial Guinea
- b. Eritrea
- c. Estonia
- d. Ethiopia
- e. Fiji
- 15. Intercede for Christians in these nations, asking God to give them the burden for the salvation of souls.
- 16. By faith, pull down every resistance to the spread of the gospel of Christ in these nations.
- 17. Pray and resist every power of darkness at work against the growth and influence of the church.
- 18. Pray for the success of every Christian outreach, mission and evangelistic activity in this season of 40 days of power.
- 19. By faith, affirm that any imagination that exalts itself against the knowledge of God is cast down in every place.

Work and Career

- 20. Thank God for your work; ask Him to give you the spirit of wisdom to make quality decisions in critical moments.
- 21. Welcome the Holy Spirit as your partner and counsellor in business; receive the anointing to begin and to finish well.
- 22. Declare that the Lord will prove himself faithful and bring you good success in your work or career in Jesus' name.
- 23. Prophesy your elevation above every limitation and hindrance to your promotion in your work place.
- 24. Release the blessing of multiplication and fruitfulness for the work of your hands; declare that God will make you a blessing to those around you.

- 25. Thank God that He has pleasure in the prosperity of the righteous; thank Him that He will teach your hands to profit.
- 26. Ask God to empower you financially and cause you to walk under an open heaven of financial favour.
- 27. Reject every idea and image that limits your potential; ask God to increase your capacity to turn simple ideas into great products.

- 28. Pray that the Lord will prosper the work of your hands to manifest His favour and increase.
- 29. Claim the anointing to progress and advance in your work; declare that you are increasing in wealth in Jesus' name.

In this season I boldly declare, I walk in the realm of the supernatural. By faith, I declare that I overcome limitations, hindrances, fear and timidity. I walk in boldness in my Lord Jesus Christ. Like a city set on a hill I cannot be hidden. Because my trust is in him, I manifest the will of God for my life in Jesus' name. **Amen.**

Scripture for Reflection Exodus 4:9-11

And it shall be, if they do not believe even these two signs, or listen to your voice, that you shall take water from the river and pour it on the dry land. The water which you take from the river will become blood on the dry land." Then Moses said to the Lord, "O my Lord, I am not eloquent, neither before nor since You have spoken to Your servant; but I am slow of speech and slow of tongue." So the Lord said to him, "Who has made man's mouth? Or who makes the mute, the deaf, the seeing, or the blind? Have not I, the Lord?

Declaration

The Lord is my sun and shield, He gives me grace and power. The Lord my God will deliver me from trouble. By faith, I boldly declare, the Lord is planting my feet in a high place. By my God, I ran through troops and leap over walls. Because the Lord is my fortress, I overcome every limitation that comes my way. In Christ Jesus, I am more than a conqueror, In Jesus' name, **Amen**.

I AM THE LEAST

So he said to Him, "O my Lord, how can I save Israel? Indeed my clan is the weakest in Manasseh, and I am the least in my father's house." And the Lord said to him, "Surely I will be with you, and you shall defeat the Midianites as one man." (Judges 6:15-16)



Morning Reflection (5am - 9am) Judges 6:11-18

DAY 13 - JULY 5

Now the Angel of the Lord came and sat under the terebinth tree which was in Ophrah, which belonged to Joash the Abiezrite, while his son Gideon threshed wheat in the winepress, in order to hide it from the Midianites. And the Angel of the Lord appeared to him, and said to him, "The Lord is with you, you mighty man of valor!" Gideon said to Him, "O my lord, if the Lord is with us, why then has all this happened to us? And where are all His miracles which our fathers told us about, saying, 'Did not the Lord bring us up from Egypt?' But now the Lord has forsaken us and delivered us into the hands of the Midianites." Then the Lord turned to him and said, "Go in this might of yours, and you shall save Israel from the hand of the Midianites. Have I not sent you?" So he said to Him, "O my Lord, how can I save Israel? Indeed my clan is the weakest in Manasseh, and I am the least in my father's house." And the Lord said to him, "Surely I will be with you, and you shall defeat the Midianites as one man." Then he said to Him, "If now I have found favor in Your sight, then show me a sign that it is You who talk with me. Do not depart from here, I pray, until I come to You and bring out my offering and set it before You." And He said, "I will wait until you come back."

Consecration

- 1. Thank God for choosing and setting you apart for your divine assignment.
- 2. Ask God to grant you a heart that is completely submissive to His will and purpose.
- 3. Ask God to prepare you for great accomplishments in His Kingdom.
- 4. Ask the Lord to help you live a consecrated life that is pleasing to Him.

Guidance

- 5. Declare that the counsel of God for your life will be established in this season and beyond.
- 6. Ask God to give you a heart that is sensitive and receptive to the leading of the Holy Spirit.
- 7. Pray that God's word will be a lamp to your feet and a light to your path as you follow His leading.
- 8. Ask the Lord to guide you when confused, defeated or feel like giving up; declare that His presence will never depart from you.
- 9. Ask the Lord to help you recognize opportunities in the midst of challenges.

- 10. Pray resisting every voice of condemnation seeking to discourage you and put you down.
- 11. Pray for the Lord's deliverance for you and your household from destruction that lays waste at noonday.
- 12. Ask the Lord for wisdom to walk in faith to overcome every scheme of the devil.
- 13. Ask the Lord for courage to break away from associations that quench your faith to do extraordinary things.
- 14. Declare that you and your family are preserved as you dwell in His secret place.

Thank you Lord, that you have called me from darkness into light and from the kingdom of the enemy into the Kingdom of your dear Son. I am grateful that in you, my steps are directed into pleasantness. I declare that as I walk in your light and your love, I am protected and preserved in Jesus' name, **Amen**.

Global Missions (9am - 1pm)

- a. Finland
- b. France
- c. Gabon
- d. Gambia
- e. **Georgia**
- 15. Ask God to build His church so that the gates of hell shall not prevail against it in these nations.
- 16. Ask the Lord to revive His church in these nations with great signs, wonders and miracles.
- 17. Pray that God would raise men and women who will boldly defend their faith and the Church in the face of persecutions.
- 18. Pray that the church will be a transforming agent as salt and light in these nations.
- 19. Ask the Lord to raise the next generation of ministers and empower them to become change agents in these nations for kingdom advancement.

Work and Career

- 20. Ask God for the courage to break the spirit of fear and timidity hindering you from breaking into new frontiers in your career life.
- 21. Ask God to help you develop and maintain a Christ-like work ethic in your work and career.
- 22. Ask the Lord to stir creative abilities in you to pioneer new ideas in products and services in your field of work.
- 23. Declare that as you trust God and work effectively, every set back in your work and career shall be turned into a beneficial opportunity.
- 24. Declare by faith that whatever you put your hands to do shall increase and prosper.

Increase

- 25. Ask the Lord to help you develop confidence in who He has called you to be.
- 26. Ask God to increase your capacity to deal with challenges; declare you will prevail in every difficult situation.
- 27. Ask God to increase you in wisdom and revelation in the knowledge of Him.
- 28. Pray that your gifts, talents and spiritual gifts will make room for you and bring you into prominence.
- 29. Pray that you will increase in commitment and dedication in your Christian service and stewardship in His kingdom.

Declaration

Thank you Lord, that you work in me both to will and to do according to your good pleasure. I acknowledge your sovereignty over my life and in the life of the nations of the world. Let the heart of the nations be conformed to your will. Place in me a desire to increase and be the best I can be. Let all people see your Spirit of excellence demonstrated through me as I live. In Jesus' name, **Amen**.

Scripture for Reflection 1 Samuel 9:19-24

Samuel answered Saul and said, "I am the seer. Go up before me to the high place, for you shall eat with me today; and tomorrow I will let you go and will tell you all that is in your heart. But as for your donkeys that were lost three days ago, do not be anxious about them, for they have been found. And on whom is all the desire of Israel? Is it not on you and on all your father's house?" And Saul answered and said, "Am I not a Benjamite, of the smallest of the tribes of Israel, and my family the least of all the families of the tribe of Benjamin? Why then do you speak like this to me?"Now Samuel took Saul and his servant and brought them into the hall, and had them sit in the place of honor among those who were invited; there were about thirty persons. And Samuel said to the cook, "Bring the portion which I gave you, of which I said to you, 'Set it apart.' " So the cook took up the thigh with its upper part and set it before Saul. And Samuel said, "Here it is, what was kept back. It was set apart for you. Eat; for until this time it has been kept for you, since I said I invited the people." So Saul ate with Samuel that day.

Declaration

Lord, I bless your Name, for you are the Captain of Israel's host. You are sovereign and you rule in the affairs of men. I declare through faith, that you are lifted in all the nations of the world, and no power of hell or the agenda of humans can thwart Your plans. I declare that the hearts of all people shall be turned to you in worship. In Jesus' Name, **Amen!**

OVERCOMING MOUNTAINS

'Who are you, O great mountain? Before Zerubbabel you shall become a plain! And he shall bring forth the capstone with shouts of "Grace, grace to it!" ' (Zechariah 4:7)



Morning Reflection (5am - 9am) Zechariah 4:1-10

DAY 14 - JULY 6

Now the angel who talked with me came back and wakened me, as a man who is wakened out of his sleep. And he said to me, "What do you see?" So I said, "I am looking, and there is a lampstand of solid gold with a bowl on top of it, and on the stand seven lamps with seven pipes to the seven lamps. Two olive trees are by it, one at the right of the bowl and the other at its left." So I answered and spoke to the angel who talked with me, saying, "What are these, my lord?" Then the angel who talked with me answered and said to me, "Do you not know what these are?" And I said, "No, my lord." So he answered and said to me: "This is the word of the Lord to Zerubbabel: 'Not by might nor by power, but by My Spirit,' Says the Lord of hosts. 'Who are you, O great mountain? Before Zerubbabel you shall become a plain! And he shall bring forth the capstone With shouts of "Grace, grace to it!" ' " Moreover the word of the Lord came to me, saying: "The hands of Zerubbabel Have laid the foundation of this temple; His hands shall also finish it. Then you will know That the Lord of hosts has sent Me to you. For who has despised the day of small things? For these seven rejoice to see The plumb line in the hand of Zerubbabel. They are the eyes of the Lord, Which scan to and fro throughout the whole earth."

Consecration

- 1. Ask the Holy Spirit to help you think pure thoughts and motives as you seek Him in this season of consecration.
- 2. Pray that the Lord will help you live a life that is acceptable and honourable to Him in all your ways.
- 3. Ask the Lord to help you uphold holiness in your public and private life.
- 4. Pray dedicating you household to the Lord; declare that there will serve the Lord all the days of their life.

Guidance

- 5. Ask the Lord to command His angels to keep charge over you and your family to the end of the year.
- 6. Pray that the Holy Spirit will guide you to make godly decisions for your life, purpose and destiny.
- 7. Declare that you will not stray away from God's purpose and will for your life, as it is established in Heaven.
- 8. Pray that God's word will continue to instruct and correct you in the path of righteousness.
- 9. Ask the Lord to help and guide you to discover, develop and fulfil your God-given purpose to His glory.

Protection

- 10. As the Lord to protect and deliver you and your entire family from peril and destruction in Jesus name.
- 11. Pray for the Lord's covering over your path as you step out into precarious and dangerous territories.
- 12. Pray for the Lord's preservation of all your assets and investments from the devourer.
- 13. Declare that as you abide in Christ, you are protected from all harm.
- 14. Decree and declare that every agenda of the enemy to hinder you from becoming God's best is cancelled.

Declaration

The Spirit of God is upon me, and His power resides within me. The Lord has consecrated me through new birth in Christ Jesus. The life that I now live in the flesh, I live in Christ Jesus. Therefore, I boldly declare, that my heart is yielded and my thoughts are guided and above all I am kept by the power of God, in Jesus Name, **Amen!**

Global Missions (9am - 1pm)

- a. Germany
- b. Ghana
- c. Greece
- d. Grenada
- e. Guatemala
- 15. Pray and break barriers to effective evangelization in these nations; declare a massive harvest of souls.
- 16. Declare that every opposition to the growth and the impact of the church in these countries is brought down.
- 17. Pray that church leaders will be endowed with godly wisdom to build strong and healthy churches in these nations.
- 18. Decree and declare that the spirit of antichrist will not militate against the progress of the church in these nations.
- 19. Ask God to grant missionaries great faith to confront opposition institutional, cultural, religious break into new grounds, and plant more churches.

Work and Career

- 20. Thank God that you are anointed to overcome every resistance to your expansion in your career.
- 21. Take authority in Christ and rebuke every spirit of retrogression and stagnation in your work and receive fresh inspiration to go to the next level in your career.
- 22. Pray that the Lord will empower you to be an ambassador of Christ in the marketplace; declare you will be an agent of change and a witness for Christ in that sector.
- 23. Pray for longevity of life and perfect health to effectively work to earn a living.
- 24. Declare that you are called to a life of distinction in your work and career and not a life of mediocrity.

- 25. Pray that God will give you the capacity, faith and boldness to fulfil every assignment on your life and destiny in this year of increase.
- 26. Declare by faith that what seems impossible in your life, career and endeavours becomes possible in Jesus' Name.

- 27. Ask the Lord to give you a spirit that does not give up in seasons of difficulty; declare your victory over every mountain that confronts you.
- 28. Command every hindrance to increase in your bloodline to be broken.
- 29. Ask the Lord to help you increase in your service to Him and society.

O Lord, I thank you that you are God and there is nothing too hard for you. You have said in your word that with You all things are possible and that all things are possible to them that believe. My confidence is in you, and therefore I declare that I can do all things through Christ who strengthens me. I am a problem solver, I am a mountain mover and in Christ, I am a winner. In Jesus' name. **Amen!**

Scripture for Reflection Isaiah 4:3-5

The voice of one crying in the wilderness: "Prepare the way of the LORD; make straight in the desert a highway for our God. Every valley shall be exalted and every mountain and hill brought low; the crooked places shall be made straight and the rough places smooth; the glory of the LORD shall be revealed, and all flesh shall see it together; for the mouth of the LORD has spoken."

Declaration

Thank you Lord, that you came to seek and to save what was lost. Let your graciousness be extended to the nations of the world. I call on my God, who is worthy to be praised, so shall I be empowered to overcome all mountains in my life. I have the mind and the might of Christ, therefore I will prosper in my pursuits. In Jesus' name. **Amen.**

WELL ABLE TO OVERCOME

Then Caleb quieted the people before Moses, and said, "Let us go up at once and take possession, for we are well able to overcome it." (**Numbers 13:30**)



Morning Reflection (5am - 9am) Number 13:26-30

Now they departed and came back to Moses and Aaron and all the congregation of the children of Israel in the Wilderness of Paran, at Kadesh; they brought back word to them and to all the congregation, and showed them the fruit of the land. Then they told him, and said: "We went to the land where you sent us. It truly flows with milk and honey, and this is its fruit. Nevertheless the people who dwell in the land are strong; the cities are fortified and very large; moreover we saw the descendants of Anak there. The Amalekites dwell in the land of the South; the Hittites, the Jebusites, and the Amorites dwell in the mountains; and the Canaanites dwell by the sea and along the banks of the Jordan." Then Caleb quieted the people before Moses, and said, "Let us go up at once and take possession, for we are well able to overcome it."

Consecration

- 1. Consecrate your spirit, soul and body as a living sacrifice to the Lord; ask Him to help you live right for Him.
- 2. Ask God for grace to believe that you are well able to over every challenge.
- 3. Lift your home, life, career and business to the Lord; ask Him to use all that you have and your life for His glory.
- 4. Surrender your will to God and ask Him to help you to walk in His ordained plan for your life.

Guidance

- 5. Pray that you will be sensitive to the promptings of the Lord; ask Him to endow you with supernatural wisdom to deal with challenges that confront you.
- 6. Thank God for His divine presence and ask Him to lead you to opportunities He has prepared for you in this season.
- 7. Ask the Lord to help you align to His will for your life; pray against any barriers to your increase in this season.
- 8. Pray that your heart will be guarded by the word and your faith increased to step into new territories which God has ordained for your destiny.
- 9. Ask the Lord to help you position yourself rightly in faith and obedience for the manifestation of His promises in your life.

- 10. Pray and ask the Lord to surround you with His hedge of protection and deliver you from harm's way.
- 11. Mark yourself and your family with the blood of Jesus; declare divine exemption from every agenda of the enemy.
- 12. Pray that your steps will be divinely ordered away from the snare of the enemy; declare that you shall not lose your possessions in Jesus' name.

- 13. Pray against every attack of the enemy targeted at your progress in life.
- 14. Ask the Lord to help you develop a defense against the every voice that speaks discouragement and amplifies your weaknesses.

I am the redeemed of the Lord and I have been delivered from the powers of darkness. I overcome Satan by the blood of the Lamb and by the word of my testimony. The work of my hands are blessed, I will walk in health, peace of mind and prosperity. I prevail and overcome all challenges that confront me because greater is He that is in me than he that is in the world in Jesus mighty name. **Amen!**

Global Missions (9am - 1pm)

- a. Guinea
- b. Guinea-Bissau
- c. Guyana
- d. Haiti
- e. Honduras
- 15. Ask the Lord to empower the church with the boldness and resources for kingdom advancement.
- 16. Pray and resist every force of darkness opposing the gospel being preached to individuals in these nations.
- 17. Pray that the light of the gospel will shine across the nations; declare many will be liberated from the shackles of the enemy.
- 18. Pray the Lord of the harvest to send forth labourers into the harvest fields of these nations.
- 19. Pray for a renewed passion and commitment for believers towards the work of evangelism.

Work and Career

- 20. Celebrate the Lord for the skills and gifts He has given you; ask Him for the strength and wisdom to be efficient and productive with your skills and gifts.
- 21. Ask the Lord to help you overcome any mindset that limits you; pray for the courage to take bold steps to achieve results in your work or career.
- 22. Pray that your steps will be ordered by God to meet destiny helpers in your field of endeavour who will favour your cause.
- 23. Surrender your thoughts and ideas to the Lord; ask Him to help you overcome your fears and help you translate those ideas into profitable ventures.
- 24. Ask the Lord to empower you to do exploits in your work, career and future spheres of endeavours.

- 25. Ask the Lord to anoint you for increase and multiplication; command every cycle of toil and insufficiency to be broken over your life.
- 26. Pray that you will experience a shift in perspective and your eyes opened to recognize opportunities for increase.
- 27. Pray and ask God to increase your capacity and connect you to the right people that will influence you to achieve your goals.
- 28. Thank God for His blessing of increase; ask for divine ideas that will trigger unprecedented growth in your all endeavours.
- 29. Command every resistance and opposition to God's prophetic word of increase in your life to be destroyed in Jesus' name.

I thank God who works in me both to will and to do of His good pleasure. I declare I am empowered to do exploits in a greater dimension as I walk in God's ordained path for me. I declare the blessings of God over the church and the availability of resources for kingdom expansion. The work of my hands are blessed and everything I touch prospers in Jesus' name. **Amen!**

Scripture for Reflection Romans 8:35-37

Who shall separate us from the love of Christ? Shall tribulation, or distress, or persecution, or famine, or nakedness, or peril, or sword? As it is written: "For Your sake we are killed all day long; We are accounted as sheep for the slaughter." Yet in all these things we are more than conquerors through Him who loved us.

Declaration

The joy of the Lord is my strength. I can do all things through Christ who strengthens me. My going out and coming is blessed. I am well able to accomplish every goal I set out to accomplish and no weapon fashioned against me shall prosper. Doors of opportunities are opened to me and every crooked path is straightened for my advancement in Jesus' name. **Amen.**

THE GREATER ONE IN US

You are of God, little children, and have overcome them, because He who is in you is greater than he who is in the world. (**1 John 4:4**)



DAY 16 - JULY 8

Morning Reflection (5am - 9am) 1 John 4:1-6

Beloved, do not believe every spirit, but test the spirits, whether they are of God; because many false prophets have gone out into the world. By this you know the Spirit of God: Every spirit that confesses that Jesus Christ has come in the flesh is of God, and every spirit that does not confess that Jesus Christ has come in the flesh is on of God. And this is the spirit of the Antichrist, which you have heard was coming, and is now already in the world. You are of God, little children, and have overcome them, because He who is in you is greater than he who is in the world. They are of the world. Therefore they speak as of the world, and the world hears them. We are of God. He who knows God hears us; he who is not of God does not hear us. By this we know the spirit of truth and the spirit of error.

Consecration

- 1. Bless God for the opportunity of a new day and for His awesome power at work for you today.
- 2. Ask the Lord to use you for His glory and purge you of any sin that easily besets you.
- 3. Ask the Lord to teach you to align your heart to His and help you to seek after things that are pleasing to Him.
- 4. Confess God's word over your life that "the Greater one lives in me".

Guidance

- 5. Thank God for His indwelling Spirit in you; ask Him to help you continually yield to His leading and guidance.
- 6. Ask the Lord to make known to you His will for your life and order your steps to be at the right place and at the right time.
- 7. By faith, declare fruitfulness and productivity as you submit to the leading of the Holy Spirit.
- 8. Thank God for His unfailing guidance; ask Him to reveal His ways to you and direct your path to your next level.
- 9. Ask the Lord to guide your desires into His plans and purpose for your life.

- 10. Pray for God's divine covering and come against every assignment of evil against you and your family.
- 11. Plead the blood of Jesus over your life, family, career and business; ask the Lord to be a shield of protection around you.
- 12. Commit your family to God; ask Him to preserve every one of them and bring supernatural turnaround in their lives.
- 13. Resist every opposition to the manifestation of God's promises over your life and that of your family.

14. Pray against any loss or evil against your life; ask the Lord to preserve your going out and coming in.

Declaration

I bless God for His goodness towards me and my household. I affirm that I am a tree of righteousness planted by the Lord and will triumph over every challenge. God's covenant blessing and promise of prosperity shall manifest in my life, family, career and work. I declare I will not stumble and fall in my moment of opportunity but will stand tall in victory in Jesus' name. **Amen!**

Global Missions

- a. Hungary
- b. Iceland
- c. India
- d. Indonesia
- 15. Ask the Lord to empower the church with financial resources and an army of missionaries for kingdom expansion in these nations and regions.
- 16. Pray against introductions of foreign values or practices which are contrary to God's word and principles in the nations.
- 17. Pray and break demonic strongholds over these nations; declare an open door of opportunities to spread the gospel.
- 18. Ask the Lord to overshadow the nations with His power; declare that the gospel will have its free course and miracles, signs and wonders will accompany its preaching.
- 19. Pray and ask God to strengthen Christians across these nations to remain steadfast even in the midst of difficulties.

Work and Career

- 20. Ask the Lord to endow you with divine capacity to undertake initiatives that will yield exponential growth in your career and work.
- 21. Pray for the spirit of creativity and witty inventions pertaining to your work and career.
- 22. Decree and declare that nothing shall frustrate the progress and gains of your career and business in Jesus Name.
- 23. Pray for direction and wisdom to utilize possibilities related to your work and career.
- 24. Ask the Lord to grant you supernatural strength and boldness to seize new opportunities in your field of endeavour.

- 25. Declare that every facet of your career, business and endeavour will yield a hundredfold increase.
- 26. Pray that the best of the land will yield to you and ask God to make your way prosperous.
- 27. Ask the Lord to bring you wealth and supernatural increase in your business, career and in all you do.
- 28. Pray that in this season you shall experience notable testimonies, miracles and breakthroughs in every area of your life.
- 29. Pray that faith will increase in your heart to believe in the Greater One who lives in you.

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly places in Christ. I declare God's promise of peace, good health and prosperity over my life. The church of Christ is marching on and the yoke of bondage over the nations is broken. I declare all things work together for my good and for the manifestation of God's promise over my life and all that concerns me in Jesus' name. **Amen!**

Scripture for Reflection Zephaniah 3:16-18

In that day it shall be said to Jerusalem: "Do not fear; Zion, let not your hands be weak. The Lord your God in your midst, The Mighty One, will save; He will rejoice over you with gladness, He will quiet you with His love, He will rejoice over you with singing."

Declaration

I thank God for His blessings bestowed upon me. I walk in His plan and purpose for my life. I declare my family and I have entered into a season of increase and abundance. I shall not miss my moment of opportunity. I thrive in good times and in bad times because the greater One lives in me in Jesus' name. Amen!

OVERCOME THE WORLD

For whatever is born of God overcomes the world. And this is the victory that has overcome the world our faith. Who is he who overcomes the world, but he who believes that Jesus is the Son of God? (1 John 5:4-5)



Morning Reflection (5am - 9am) 1 John 5:1-5

Whoever believes that Jesus is the Christ is born of God, and everyone who loves Him who begot also loves him who is begotten of Him. By this we know that we love the children of God, when we love God and keep His commandments. For this is the love of God, that we keep His commandments. And His commandments are not burdensome. For whatever is born of God overcomes the world. And this is the victory that has overcome the world--our faith. Who is he who overcomes the world, but he who believes that Jesus is the Son of God?

Consecration

- 1. Praise God for your new birth in Christ which enables you to overcome the limitations of this world.
- 2. Dedicate yourself afresh to the Lord and boldly declare that what overcame you in the past will no longer overcome you.
- 3. Pull down arguments and opinions targeted to weaken your faith in Jesus Christ as the Son of God.
- 4. Ask the Lord for renewed grace and faith to continue living as an overcomer and to teach others to live an overcoming life.

Guidance

- 5. Glorify God for the guidance of the Holy Spirit through all seasons of your life.
- 6. Ask for the grace to increase in discernment, so you will not be led astray from your Godordained path in life.
- 7. Pray that you will not be a victim of bad decisions and policies that can impair your source of livelihood and undermine your streams of income.
- 8. Pray for divine insight and wisdom to be an example to others in your career and family relationships.
- 9. Intercede for your relations who have strayed from the faith, ask Jesus the good Shepherd to restore them to the faith.

- 10. Express your gratitude to the Lord for His constant protection and deliverance from the traps of the world.
- 11. Commit the peace and sanity of your home into God's hands, confess that your home will not be disrupted by the negativity of the world.
- 12. Resist and condemn every oppressive power that seeks to subject your household into conformity with worldly patterns that are against God's word.

- 13. Declare by faith, that you overcome the enemy by the blood of the Lamb and the power of your testimony.
- 14. Ask the Lord to remember you in times of trouble and send His angels to help you escape every ambush of the enemy.

I confess that I am born of God and the Spirit of the Most High dwells in me. By His Spirit, I have overcome sin and the deception that is in the world. My faith is renewed daily as I meditate on God's word and my steps are guided into fruitful places. I subdue enemies, remove mountains, and scale every wall to the glory of God in Jesus' name. **Amen!**

Global Missions (9am - 1pm)

- a. Iran
- b. Iraq
- c. Ireland
- d. Israel
- 15. Praise God for the ministry of the church to the nations; thank Him that the works of the enemy are destroyed and the church established.
- 16. Intercede for renewed zeal and power for the church in the face of opposition; declare that the name of Jesus will be established in the nations.
- 17. Petition God for a greater release of saving grace upon the nations, that many will believe in Jesus and see His glory.
- 18. Ask the Lord to raise godly teachers of the word who will teach the whole truth without compromise.
- 19. Ask the Lord to make the church a beacon of hope in war-torn nations; pray that Christians will enforce the victory and peace of Christ in their nations.

Work and Career

- 20. Joyfully praise God for His abundant blessings of open doors set before you in this year of increase.
- 21. Humbly present any challenges in your career before the throne of grace; pray for increased wisdom, discernment and grace to resolve them.
- 22. Command evil conspiracies and alliances developing in your workspace and environment to be exposed; by faith dismantle them.
- 23. Ask the Lord to connect you to the right personnel, new tools and opportunities in your career; declare that you will excel in all your ways.
- 24. Ask the Lord for strategic ideas and renewed passion to shift your career to the next level.

- 25. Bless the Lord for His immense grace of increase at work in every facet of your life.
- 26. Declare your liberty as a child of God from any limiting mindset and culture that you have been exposed to.
- 27. Intercede for the release of relations held bound by poverty and lack; declare that they are coming into a place of wealth.
- 28. Declare victory and fulfilment over your life and family, and confess that you will not retrogress but go from victory to victory.
- 29. By faith, pronounce a season of increase over yourself and demand that everything associated with you is increasing bountifully.

I declare the establishment of the church in places where the enemy has held bound. As the knowledge of God spreads across the globe, righteous teachers are rising to teach the whole counsel of God. My career blossoms as I provide answers to the issues of life. I am a master problem-solver, I am a diligent and faithful worker. What others consider impossible, is what God has equipped me to accomplish in Jesus' name. **Amen!**

Scripture for Reflection 1 John 2:12-14

I write to you, little children, because your sins are forgiven you for His name's sake. I write to you, fathers, because you have known Him who is from the beginning. I write to you, young men, because you have overcome the wicked one. I write to you, little children, because you have known the Father. I have written to you, fathers, because you have known Him who is from the beginning. I have written to you, young men, because you are strong, and the word of God abides in you, and you have overcome the wicked one.

Declaration

By faith, I stir up the power to overcome what rises against me. That which overcame me in the past, will no longer prevail over me. In this year of increase, my head is exalted above the limitations of this world. I hold the torch of Christ high upon the mountains of this world. My life is an example of an overcomer; many will see God's goodness in me and turn to Christ in Jesus' name. **Amen!**

HE WHO OVERCOMES

He who overcomes shall inherit all things, and Iwill be his God and he shall be My son.(**Revelations 21:7)**



Morning Reflection (5am - 9am) Revelation 21:1-8

Now I saw a new heaven and a new earth, for the first heaven and the first earth had passed away. Also there was no more sea. Then I, John, saw the holy city, New Jerusalem, coming down out of heaven from God, prepared as a bride adorned for her husband. And I heard a loud voice from heaven saying, "Behold, the tabernacle of God is with men, and He will dwell with them, and they shall be His people. God Himself will be with them and be their God. And God will wipe away every tear from their eyes; there shall be no more death, nor sorrow, nor crying. There shall be no more pain, for the former things have passed away." Then He who sat on the throne said, "Behold, I make all things new." And He said to me, "Write, for these words are true and faithful." And He said to me, "It is done! I am the Alpha and the Omega, the Beginning and the End. I will give of the fountain of the water of life freely to him who thirsts. He who overcomes shall inherit all things, and I will be his God and he shall be My son. But the cowardly, unbelieving, abominable, murderers, sexually immoral, sorcerers, idolaters, and all liars shall have their part in the lake which burns with fire and brimstone, which is the second death."

Consecration

- 1. Thank the Lord for the riches of His glorious inheritance prepared for you in Christ Jesus.
- 2. Ask for grace to discipline yourself and overcome desires of the flesh which entice you to sin.
- 3. Pray that the Holy Spirit will grant you courage to stand for Christ and overcome the challenges of life
- 4. Prophesy the rising of a generation of overcomers in your family who will bridge gaps and take back any lost inheritance of your family.

Guidance

- 5. Ask the Holy Spirit to guide you into God's Word, remind you of them at all times and help you to live by them.
- 6. Commit every challenge and pressing need in your life to the Lord; ask the Holy Spirit for specific instructions to overcome them.
- 7. Pray for grace to bridle your tongue in a manner that your speech will honour God at all times, and build up those who hear you.
- 8. Ask the Lord to order your steps to prepared places of fulfillment, peace and rest even in the midst of storms.
- 9. Pray for mental fortitude and clarity of purpose to be a productive member of society.

- 10. Thank God for delivering you from the powers of darkness and introducing you to the kingdom of His Son Jesus.
- 11. Strongly resist any negative report and evil agenda setup to discredit and destroy your testimony as a child of God.

- 12. Pray for the healing power of God upon your relations grappling with mental health issues; ask for an impartation of the mind of Christ on them.
- 13. Ask God to preserve children in your family from the negative influences of social media and peer pressure.
- 14. Declare that you will have sound health and long life to enjoy the blessings of the Lord and the fruits of your labour.

By the finished work of Christ on the cross, I declare my victory over the works of the flesh. By the authority of God's word, I take my place as an overcomer in my generation. As a child of God, I am blessed with all spiritual blessings in Christ Jesus and I receive by faith every promised inheritance in Jesus' name. **Amen!**

Global Missions (9am - 1pm)

- a. Italy
- b. Jamaica
- c. Japan
- d. Jordan
- 15. Command the opening of the gates of the nations that the Gospel of Christ will have free course.
- 16. Ask the Lord to exalt His church as a pillar of truth and righteousness above every other institution, in accordance with His word
- 17. Pray for a new move of the Spirit across the nations that will purge the church of teachers of false doctrines and restore truth to the church
- 18. Ask God to inspire leaders who will pass favourable laws and policies that will promote the establishment of His Kingdom in the nations.
- 19. Ask the Lord to fill His church with compassion for the poor and equip it with the required resources to meet their needs.

Work and Career

- 20. Bless the Lord for your work and make a commitment to honour God with your career and its rewards.
- 21. Commit your career progress to the Lord; decree that as you walk in excellence, you will not be denied your promotion at the right time.
- 22. Ask the Lord to give you the wisdom and insight to provide solutions to issues plaguing your community and nation.
- 23. Intercede on behalf of your family and friends for the success of their career; boldly declare that together you will rise and prosper.
- 24. Ask the Lord for the blessing of job security; resist the devourer of your productivity and declare that your income will not be wasted.

- 25. Pray for an increase in your faith; declare that you will serve God wholeheartedly and trust Him for exceedingly abundant blessings.
- 26. Ask the Lord to look favourably on you and cause the results of your handiwork to yield an increase that will testify of His power.
- 27. Pray for an acceleration of the financial growth of your family; ask God to make your family a greater blessing in your community.

- 28. Intercede for your community for a decrease in evil and an increase in acts of righteousness; declare that the light of God overcomes every darkness.
- 29. Express your gratitude to God for the spiritual growth that is occurring in your life as you partake in this prayer and fasting.

I declare that the will of God is prospering in the church across the nations. God is raising sons and daughters who will carry the gospel to the ends of the world. As I diligently serve in God's house and in my career; I rise to stand before kings and queens to the honour and glory of the King of kings in Jesus' name. **Amen!**

Scripture for Reflection Joshua 14:9-12

So Moses swore on that day, saying, 'Surely the land where your foot has trodden shall be your inheritance and your children's forever, because you have wholly followed the Lord my God.' And now, behold, the Lord has kept me alive, as He said, these forty-five years, ever since the Lord spoke this word to Moses while Israel wandered in the wilderness; and now, here I am this day, eighty-five years old. As yet I am as strong this day as on the day that Moses sent me; just as my strength was then, so now is my strength for war, both for going out and for coming in. Now therefore, give me this mountain of which the Lord spoke in that day; for you heard in that day how the Anakim were there, and that the cities were great and fortified. It may be that the Lord will be with me, and I shall be able to drive them out as the Lord said".

Declaration

By my God I stand firm and prevail over the opposition of the wicked. My life is a testament of the love and grace of God Almighty. As God's royal priest, I am clothed in glory and power to execute the purpose of God in my generation. I will run my race with patience and I will finish my course in victory in Jesus' name. **Amen!**



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